



# Wayfinder

Inspiring students to live with purpose and belonging

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## Overview

Independent Schools Victoria partners with Wayfinder to help students create lives of belonging and purpose.

This unique wellbeing program encourages students to take a step back and ask a simple yet profound question: What kind of life do I want to lead?

Each year-long wellbeing program encourages students to:

- enhance their self-awareness
- increase their self-worth
- determine core values
- develop decision making skills
- identify personal strengths
- build a growth mindset
- generate social awareness
- cultivate self-compassion.

Founded at Stanford University's d.School, Wayfinder brings an innovative approach to social-emotional learning. These programs are inspired by cutting-edge academic research and draw upon practices of traditional wayfinding navigation.

## How does Wayfinder improve student wellbeing?

Research by Stanford University found that students who complete the Wayfinder Purpose SEL curriculum are 4x more likely to be hopeful about their future.

Research supports that people who feel purpose and belonging in their lives have greater levels of positive psychological functioning and experience less distress and health risks.



**“Wayfinder is a beautifully crafted program which brings the latest research into youth purpose to life with highly engaging, experiential learning experiences.**

**My colleagues and I thoroughly enjoyed participating in the Wayfinder training and we are loving teaching the program.”**

*Rhiannon McGee, Director of Student Engagement and Experience  
Geelong Grammar School*

## Wayfinder Core Skills and Competencies

### Self-awareness

You understand yourself on many levels, from how you function to what nourishes and sustains you.

### Adaptability

You are willing to try again when you make mistakes and are comfortable navigating uncertain situations with flexibility and openness.

### Empathy

You are in tune with the feelings and needs of others and willing to act for a common good.

### Collaboration

You are a relationship builder who actively partners with others and facilitates belonging efforts across communities.

### Agency

You understand the value of your voice and seek opportunities to support and advocate your communities.

### Purpose

Your decisions and interactions with the world are guided by a deep connection to your values.

# Wayfinder curriculum

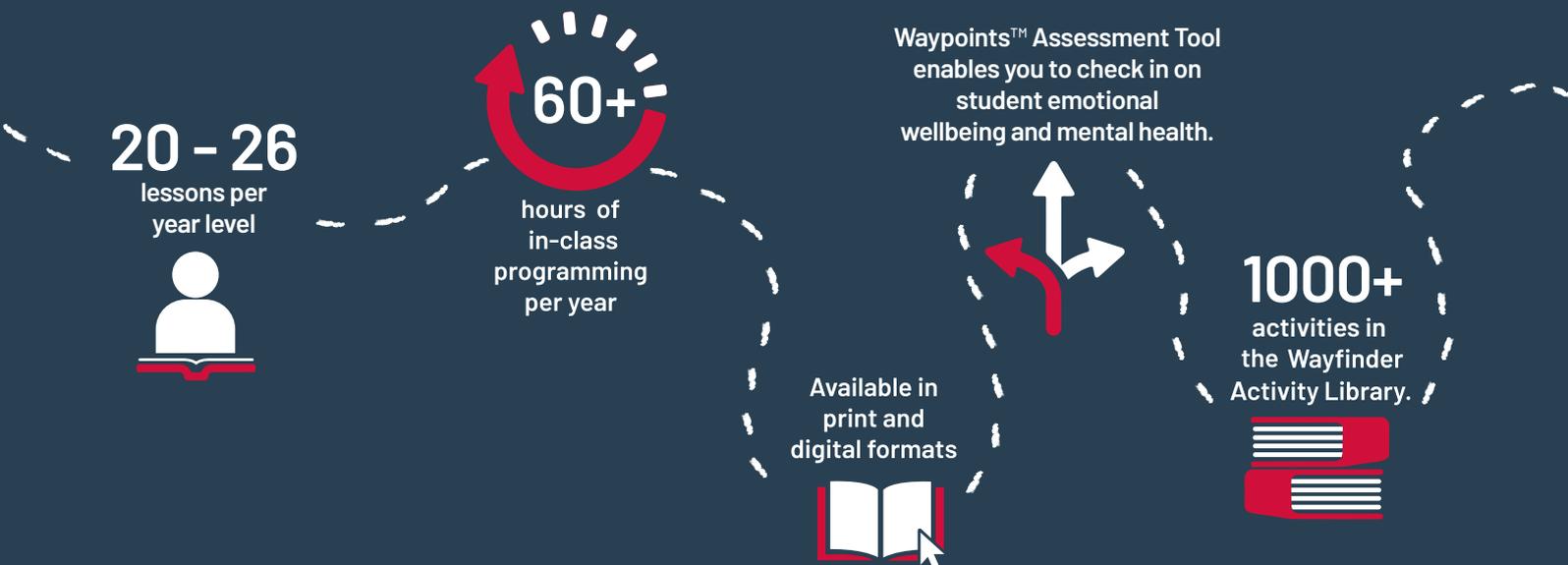
This research based program is tailored for each year level from Foundation to Year 12.

Foundations (Foundation - Year 6)	Belonging (Year 7 - 9)	Purpose (Year 10-12)
Guides students to build a strong foundation to develop self awareness, high self esteem, emotional regulation and healthy relationship skills.	Guides students to build compassionate, meaningful relationships with themselves, other people, and the wider world.	Guides students to build compassionate, meaningful relationships with themselves, other people, and the wider world.

## The Wayfinder Toolkits

Wayfinder combines social emotional learning (SEL), project-based learning (PBL) and real-world events to prepare students for life.

Each year-long curriculum is supported by a Wayfinder toolkit that includes:



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## Monitor your students' wellbeing with Wayfinder Essentials

Wayfinder Essentials is made up of two social emotional learning tools:

### Waypoints™ Assessment Tool

Enables you to check in on student emotional wellbeing and mental health through an easy-to-use, real-time dashboard.

### Wayfinder Activity Library

Respond to student needs and identify specific lessons and activities to enhance student wellbeing.

## More information

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## Become a Wayfinder School

To become a Wayfinder School and offer the Wayfinder curriculum to your students, training must first be completed with ISV.

When you become a Wayfinder educator, you are trained to be a caring adult mentor every student needs.

There are three curricula: Foundations, Belonging and Purpose. Each requires a two hour session which can be online, at your school or at ISV.

Wayfinder training is open to all schools and organisations across Australia and New Zealand. Contact us so we can tailor a program for your school.



**“Wayfinder has provided our college with a wellbeing program with a deep, meaningful range of activities to form a cohesive and contextual year-long course. The design of the lessons builds brilliantly from one session to the next, giving students the feeling of being on a journey of self-discovery and team building.”**

*Zac Jeffries, Director of Teaching and Learning, Bayview College*